

## PARTNER ABUSE: SAFETY BEHAVIORS INTERVENTION

### SESSION 4: WOMEN STAY IN RELATIONSHIPS FOR MANY REASONS

TOPIC	Materials (Handouts)	Advisor Talking Points
<b>INTRODUCTION</b> Current Abuse Status	<ul style="list-style-type: none"> <li>• Guide 1 - Cycle of Abuse Assessment</li> <li>• Workbook – Cycle of Abuse Assessment</li> </ul>	<ul style="list-style-type: none"> <li>• Last time we talked about the fact that you and your partner had some conflicts. Conflict is a normal part of relationships and couples have a variety of ways of solving differences.</li> <li>• But it is very concerning when couples solve their differences by a woman and her baby being hurt.</li> <li>• You remember we have talked about how the fighting can affect you or your baby and that your partner may use many different behaviors or words to hurt you and to control you.</li> <li>• Since we have last talked how have things been in your relationship?</li> </ul> <p>(Use Workbook – Cycle of Abuse Assessment – let her fill in where she is on the Cycle and give examples)</p> <ul style="list-style-type: none"> <li>• Where are you on the Cycle? – Please tell what has happened since we last talked.</li> <li>• Tell about any new incidents of abuse.</li> <li>• Has your behavior changed? How?</li> <li>• Has his behavior changed? New types of abuse? Controlling behavior?</li> <li>• Have you used the calendar – to note when your partner hurts you? Uses controlling behavior?</li> <li>• Were you able to carry out any of your Safety Plan?               <ul style="list-style-type: none"> <li>• What were you able to do?</li> <li>• Which part was harder to carry out?</li> </ul> </li> </ul>
<b>PARTNER ABUSE EDUCATION</b>  Staying in Relationships	<ul style="list-style-type: none"> <li>• Guides 2-3 – Reasons for Staying</li> </ul>	<p>(Refer to Guides 2-3 – Reasons for Staying)</p> <p>Even when a woman is in a relationship where there is a lot of conflict and fighting and your partner is hurting you – you still stay. There are many reasons why women stay. For example you may be <b>Staying because:</b></p> <ul style="list-style-type: none"> <li>• <b>You still love him.</b></li> <li>• <b>He loves me or he is good to me.</b></li> <li>• <b>He loves or is good to the children.</b></li> </ul>

<p><b>YOUR SUPPORT</b></p>	<p>Guide 4 - Sources of Support</p>	<ul style="list-style-type: none"> <li>• <b>I am embarrassed to tell anyone (family or friends).</b></li> <li>• <b>It's just the way it is (other family and friends are in similar situations).</b></li> <li>• <b>He helps me (money, childcare).</b></li> <li>• <b>I worry about how he will react if I leave him.</b></li> <li>• <b>I worry about having enough money (or a place to live) if he leaves.</b></li> <li>• <b>He threatens to kill himself, to kill me, or to kill the children.</b></li> <li>• <b>He has threatened to hurt me if I leave with the children.</b></li> <li>• <b>He has threatened to take custody of the children if I leave.</b></li> <li>• <b>He has threatened to report me to child protective services for substance abuse or the to immigration authorities.</b></li> </ul> <p>Women stay for many reasons. – You know what is best for you. I would like to support you and help to keep you and your baby safe whatever choices you make.</p> <p>(Refer to Guide 4 – Sources of Support) One way that you can stay safe is by having support from families, friends, or authorities.</p> <ul style="list-style-type: none"> <li>• <b>What sources of support have been of most help to you in the past?</b></li> <li>• <b>What other sources of help might be available to you – think about family, friends or other authorities.</b></li> </ul>
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<b>SAFETY ASSESSMENT</b>	<ul style="list-style-type: none"> <li>• Guide 5– Safety Status Assessment</li> </ul>	<p><i>(Reassess her current abuse status – Use Guide 4 – Safety Assessment Questions)</i></p> <ul style="list-style-type: none"> <li>• Is your current partner or a former partner hurting you?             <ul style="list-style-type: none"> <li>• <i>Assess Her Safety (Guide 4)</i> <ul style="list-style-type: none"> <li>• <b>Is the abuser here now?</b> __ Yes __ No</li> <li>• <b>Are you afraid of your partner?</b> __ Yes __ No</li> <li>• <b>Are you afraid to go home?</b> __ Yes __ No</li> <li>• <b>Has the physical violence increased in severity?</b> __ Yes __ No</li> <li>• <b>Has the abuser ever been reported for child abuse ?</b> __ Yes __ No</li> <li>• <b>Have children witnessed violence in the home?</b> __ Yes __ No</li> <li>• <b>Has he threatened to kill you?</b> __ Yes __ No</li> <li>• <b>Has he threatened to kill himself?</b> __ Yes __ No</li> <li>• <b>Is there a gun in the home?</b> __ Yes __ No</li> <li>• <b>Does he use drugs or alcohol?</b> __ Yes __ No</li> </ul> </li> </ul> </li> </ul> <p>There is no Score that equals Danger – In general the more “Yes” answers, the higher the potential Danger; <b>note</b> if she is afraid or afraid to return home to the partner; if he has a gun and if he is using alcohol or drugs.</p> <p>I am very concerned for your immediate safety. There are several things we can do right now – you can call a family member or friend, I can call the shelter or I can call the social worker – what do you think would be best?</p>
<b>OPTIONS</b>	<ul style="list-style-type: none"> <li>• Guide 6 – Options</li> <li>• Pamphlet – Options – (page 3)</li> </ul>	<ul style="list-style-type: none"> <li>• You have options or choices- that will help you to stay safe and to keep your baby safe (Refer to Guide 6 - Pamphlet – Page 3)</li> <li>• <b>Your options are to:</b> <ul style="list-style-type: none"> <li>• <b>Stay with the abuser</b> <ul style="list-style-type: none"> <li>• <b>If you stay – Make a Safety Plan (Avoid fighting in the kitchen or bathroom; remove weapons); Call the police if he abuses again; Attend a battered women’s support group; Get the abuser to go to batterer’s intervention; Get him to go to substance abuse treatment; Get counseling for the children; Get counseling for yourself</b></li> </ul> </li> <li>• <b>Remove the abuser (ARREST)</b> <ul style="list-style-type: none"> <li>• <b>Best way to stop the abuse; Temporarily removes the abuser; Police can arrest and file charges- woman can file charges and police arrest; Filing a report is not the same as filing charges – Ask the police what they are filing; Court can</b></li> </ul> </li> </ul> </li> </ul>

		<p><b>order him to batterer intervention program</b></p> <ul style="list-style-type: none"> <li>• <b>Protective Orders</b> <ul style="list-style-type: none"> <li>• <b>Prohibits abuser from coming within a specified distance of work and home and from communicating with woman; If abuser violates order, he can be arrested; After abuser is removed –change all door locks; Have a Safety Plan</b></li> </ul> </li> <li>• <b>Leave the Abuser</b> <ul style="list-style-type: none"> <li>• <b>Battered Women’s Shelter</b></li> <li>• <b>Family or Friends</b></li> </ul> </li> </ul>
<p><b>SAFETY PLAN</b></p>	<ul style="list-style-type: none"> <li>• Guide 7 – Safety Plan</li> <li>• Pamphlet – Safety Plan (page 4)</li> <li>• Pamphlet – Resources (page 5)</li> </ul>	<ul style="list-style-type: none"> <li>• I am glad you were able to talk about the abuse in your relationship.</li> <li>• Now we can discuss things you can do to keep you and your baby safe.</li> <li>• You can use a <u>calendar</u> to make notes of when the fighting or abuse is happening.</li> <li>• <i>(Refer to Guide3 – Safety Plan- page 3 of Pamphlet)</i></li> <li>• <b>TRY TO DO THE FOLLOWING:</b> <ul style="list-style-type: none"> <li>• <b>Hide money</b></li> <li>• <b>Hide extra set of house or car keys</b></li> <li>• <b>Establish code with family and friends</b></li> <li>• <b>Ask neighbors to call police if violence begins</b></li> <li>• <b>Remove weapons</b></li> <li>• <b>Have available</b> <ul style="list-style-type: none"> <li>• <b>Social security numbers (his, yours, children)</b></li> <li>• <b>Rent and utility receipts</b></li> <li>• <b>Birth certificates (yours and children)</b></li> <li>• <b>Bank account numbers</b></li> <li>• <b>Insurance policies and numbers</b></li> <li>• <b>Marriage license or divorce decree</b></li> <li>• <b>Valuables (jewelry)</b></li> <li>• <b>Important telephone numbers</b></li> </ul> </li> <li>• <b>Hide bag with extra clothes</b></li> <li>• <b>Talk to children</b></li> </ul> </li> <li>• <b>What are your Personal Safety Strategies:</b> <ul style="list-style-type: none"> <li>• Will you do something different in the next few weeks?</li> <li>• List what steps you will take on the safety plan between now and the next time we meet.</li> </ul> </li> </ul>
<p><b>PERSONAL RELATIONSHIP</b></p>	<p>Guide 8 – Personal relationship</p>	

<b>STRATEGIES</b>	Strategies	<ul style="list-style-type: none"> <li>• Use the Calendar to makes notes about conflict and types of abuse and fighting. <i>(Use Page 5 of the Pamphlet)</i></li> <li>• <b>Let's also List or Update other Resources (Telephone Numbers)</b> <ul style="list-style-type: none"> <li>• <b>Emergency</b></li> <li>• <b>Shelter</b></li> <li>• <b>Counseling</b></li> <li>• <b>Legal</b></li> <li>• <b>Pregnancy Advisor</b></li> <li>• <b>Other</b></li> </ul> </li> <li>• Is it safe for you to take this pamphlet home or should I keep it here?</li> <li>• I also have a card with some helpful numbers – it does not indicate that they are abuse numbers – would you like to take this home instead?</li> </ul>
<b>CONCLUSION</b>		<p><b>I want you to remember that you do not cause the abuse or are to blame for the abuse. No pregnant woman or her unborn baby deserves to be hurt. You have started to think about your relationship, using a calendar to keep notes about your relationship, your options and a plan for your safety and the safety of your unborn baby, and your children, who may be witnesses. Each time we meet we will talk about what is happening in your relationship with your partner and how things are going with your partner and your safety plan.</b></p>